MINISTRY OF HEALTH

URBAN DISTRICT COUNCIL

OF

NEW QUAY, CARDIGANSHIRE

PUBLIC HEALTH DEPARTMENT

ANNUAL REPORT, 1966

MEDICAL OFFICER OF HEALTH :

Jos. R. Jones, B.Sc., M.B., B.Ch., D.R.C.O.G., D.P.H. - until April, 1966.
W. J. St. E-G. Rhys, M.A., M.B., B.S., B.Sc., M.R.C.O.G., D.P.H. - from October, 1966.

PUBLIC HEALTH INSPECTOR :

Gwyn Jones, M.R.S.H., M.A.P.H.I.

MOH. New Quay (Ceredigans.) U.D.C.
Annual Report 1966.

Miss E M Wright. E203. 21 APR 1970
24 APR

NEW QUAY URBAN DISTRICT COUNCIL

Chairman 1965/66	Chairman 1966/67
Councillor Mrs. V. D. Thomas	Councillor D. Howell Jones

The Council consists of nine members including the Chairman. All matters concerning the Public Health are considered by the whole Council.

Clerk f the Council : H. T. Clarke, Esq.,
Council Offices,
NEW QUAY,
Cardiganshire.

Telephone : New Quay 275.

To the Chairman and Members of
New Quay Urban District Council.

PREFACE

I was happy to take up duties as Medical Officer of Health to New Quay Urban District Council during the last quarter of 1966. I now take pleasure in presenting the Annual Report of the Public Health Department for the year which ended on the 31 December, 1966.

The number of live births registered during the year was twelve, representing an increase of four over the figure for the previous year. As in 1965, it is pleasing to report that there were no registered still births and no infants died before the first birthday. No woman died as a result of pregnancy, childbirth or abortion.

The number of registered deaths was twenty five, an increase of six over the figure for 1965. Eight people died of heart disease, six of 'stroke' and four died of cancer.

The only cases of infectious disease notified during the year were seven cases of measles. One new case of tuberculosis was notified during the year, and no one died of the disease in either year.

A more detailed account of the work of the Public Health Department, including a section by the Public Health Inspector, will be found in the following pages.

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At Gadeirydd ac Aelodau Cyngor Dosbarth
Trefol Cei Newydd.

RHAGAIR

Yr oeddwn yn hapus i ddechrau gwaith fel eich Swyddog Iechyd Meddygol yn chwarter olaf 1966; a chaf y pleser yn awr o gyflwyno Adroddiad yr Adran Iechyd Cyhoeddus am y flwyddyn a ddaeth i ben ar 31 Rhagfyr, 1966.

Cofrestrwyd deuddeg o fabanod a anwyd yn fyw yn ystod y flwyddyn; pedwar yn fwy na'r nifer am y flwyddyn flaenorol. Fel yn 1965, calonnog yw cofnodi eleni eto na chofrestrwyd un marw-anedig, na marwolaeth un baban cyn cyrraedd un mlwydd oed. Ni bu farw un fenyw am ei bod yn feichiog, ac ni chafwyd un marwolaeth ar enedigaeth na thrwy erthyliad.

Cofrestrwyd pump ar hugain o farwolaethau; chwech yn fwy na'r flwyddyn gynt. Cyfrif clefyd y galon am wyth o'r marwolaethau hyn, y stroc am chwech a'r canor am bedwar.

Yr unig ddigwyddiad a nodwyd o glefyd heintus yn ystod y flwyddyn oedd saith o'r frech goch. Cafwyd un achos newydd o'r darfodedigaeth ond ni bu neb farw o'r clefyd hwn.

Ceir manylion pellach o waith yr Adran, ynghyd a'r rhan a baratowyd gan yr Archwiliwr Iechyd Cyhoeddus yn y tudalennau canlynol.

VITAL STATISTICS

	1964	1965	1966
1. LIVEBIRTHS			
Total	3	8	12
Leg:	1	7	11
Illeg:	2	1	1
Rate per 1,000 population (crude)	3.1	8.5	13.0
Rate per 1,000 population (adjusted)	5.0	13.5	20.7
Rate per 1,000 population England and Wales	18.5	18.1	17.7
Illegitimate live births per cent of total live births	66.7	12.5	8.3
2. STILLBIRTHS			
Total	0	0	0
Leg:	0	0	0
Illeg: ..	0	0	0
Rate per 1,000 live and stillbirths	0	0	0
Rate per 1,000 live and stillbirths England and Wales	16.3	15.8	15.4
3. TOTAL LIVE AND STILLBIRTHS	3	8	12
4. PERI-NATAL DEATHS (Stillbirths plus early neo-natal deaths)			
Total	0	0	0
Leg: .. .	0	0	0
Illeg:	0	0	0
Rate per 1,000 total live and stillbirths	0	0	0
5. EARLY NEO-NATAL DEATHS (deaths under one week)			
Total	0	0	0
Leg:	0	0	0
Illeg:	0	0	0
Rate per 1,000 total live births	0	0	0
6. NEO-NATAL DEATHS (deaths under four weeks)			
Total	0	0	0
Leg:	0	0	0
Illeg:	0	0	0
Rate per 1,000 total live births	0	0	0
7. INFANT DEATHS (total deaths under one year)			
Total	0	0	0
Leg:	0	0	0
Illeg:	0	0	0
Rate per 1,000 total live births	0	0	0
Legitimate infant deaths per 1,000 legitimate live births	0	0	0

	1964	1965	1966
7. INFANT DEATHS (CONT'D)			
Illegitimate infant deaths per 1,000 illegitimate live births	0	0	0
8. MATERNAL DEATHS (including abortion)			
Number of deaths	0	0	0
Rate per 1,000 total live and stillbirths	0	0	0

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DEATHS			
Total	16	19	25
Rate per 1,000 population (crude)	16.8	20.2	27.2
Rate per 1,000 population (adjusted)	9.4	11.1	15.2
Rate per 1,000 population England and Wales ..	11.3	11.5	11.7

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Area comparability factor for births	1.59	1.59	1.59
Area comparability factor for deaths	0.56	0.55	0.56

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POPULATION STATISTICS

Area (in acres	281
Population (census 1961)	954
Population (Registrar General's Estimated Mid-Year Population for 1966) ...	920

CAUSES OF DEATH

Registrar General's Code Number	Causes of death	Number of deaths Male	Female	Total
1	Tuberculosis, respiratory	-	-	-
2	Tuberculosis, other	-	-	-
3	Syphilitic disease	-	-	-
4	Diphtheria	-	-	-
5	Whooping Cough	-	-	-
6	Meningococcal infections	-	-	-
7	Acute poliomyelitis	-	-	-
8	Measles	-	-	-
9	Other infective and parasitic diseases	-	1	1
10	Malignant neoplasm, stomach	1	-	1
11	Malignant neoplasm, lung, bronchus	3	-	3
12	Malignant neoplasm, breast	-	-	-
13	Malignant neoplasm, uterus	-	-	-
14	Other malignant & lymphatic neoplasms	-	-	-
15	Leukaemia, aleukaemia	-	-	-
16	Diabetes	-	-	-
17	Vascular lesions of nervous system	3	3	6
18	Coronary disease, angina	3	1	4
19	Hypertension with heart disease	-	2	2
20	Other heart disease	2	-	2
21	Other circulatory disease	1	1	2
22	Influenza	-	-	-
23	Pneumonia	-	1	1
24	Bronchitis	-	1	1
25	Other diseases of respiratory system	-	-	-
26	Ulcer of stomach and duodenum	-	-	-
27	Gastritis, enteritis and diarrhoea	-	-	-
28	Nephritis and nephrosis	-	-	-
29	Hyperplasia of prostate	-	-	-
30	Pregnancy, childbirth, abortion	-	-	-
31	Congenital malformations	-	-	-
32	Other defined and ill-defined diseases	1	-	1
33	Motor vehicle accidents	-	-	-
34	All other accidents	-	1	1
35	Suicide	-	-	-
36	Homicide & operations of war	-	-	-
	TOTAL:	14	11	25

INFECTIOUS DISEASES

The following is a list of the notifications of infectious disease, other than tuberculosis, received during the year.

Diphtheria	Nil
Dysentery (amoebic and bacillary)	Nil
Encephalitis	Nil
Erysipelas	Nil
Food poisoning	Nil
Measles	7
Meningococcal meningitis	Nil
Paratyphoid fever	Nil
Pneumonia (acute primary & acute influenzal)	Nil
Poliomyelitis	Nil
Relapsing fever	Nil
Scarlet fever	Nil
Smallpox	Nil
Whooping Cough	Nil

TUBERCULOSIS

The following table shows the sex and age distribution of the new cases notified during the year.

AGE GROUP	RESPIRATORY		NON-RESPIRATORY	
	Male	Female	Male	Female
5 - 14	-	-	-	-
15 - 24	-	-	-	-
25 - 44	1	-	-	-
45 - 64	-	-	-	-
TOTAL:	1	-	-	-

SECTION 47 OF THE NATIONAL ASSISTANCE ACT, 1948

No action was required to be taken under this Section during the year.

GENERAL PROVISION OF HEALTH SERVICE IN THE YEAR

These remain essentially the same as in previous years and are under the control of the County Council.

W. J. St. E-G. RHYS
MEDICAL OFFICER OF HEALTH

ANNUAL REPORT OF THE PUBLIC HEALTH INSPECTOR

I have pleasure in submitting my report for the year ending on 31 December 1966.

WATER SUPPLY

The Cardiganshire Water Board is responsible for the water supply for the whole of the district. The supply of water was plentiful throughout the year and the samples taken for bacteriological examination were all found to be satisfactory.

Chemical samples taken in the past and analysed by the Public Analyst at Carmarthen showed the water to be of good quality and suitable for drinking and all domestic purposes.

The whole of the district comprising approximately 468 dwelling houses and a population of approximately 900 is supplied from the mains.

There are no public swimming baths in the district.

DRAINAGE AND SEWERAGE

The sewerage system has functioned quite satisfactorily throughout the year. The system is by gravitation to a settling tank on the Dolau Beach and the resultant effluent is discharged into the sea.

No complaints nor evidence of pollution were recorded during the year.

It should be appreciated that the sewerage system, which was designed for the town many years ago, cannot be expected to cope with the demands placed on it under present conditions, particularly during the holiday season.

Closet Accommodation

Number of closets connected to the sewerage system ..	432
Number of closets connected to cesspools and septic tanks	26
Number of pail closets within the range of sewers not connected	Nil
Number of pail and earth closets	3

PUBLIC CLEANSING

Refuse is collected by the Council employees and this service covers the whole area of the Urban District.

Refuse disposal takes place at Aberaeron Rural District Council's refuse tip at Rhydeinion, which is four to five miles from New Quay. The covering and control of the tip is carried out by the Rural District Council.

It is still the practice of a number of householders to use a various assortment of receptacles for the storage of refuse. The use of the standard dustbin with a close fitting lid is very much desired.

Litter

Litter remains a problem within the area. Again this year people were injured because glass had been left on the beach and in other public places. The public apparently does not appreciate the fact that this can cause injury.

More should be done to try to make the public "litter conscious" and the provision of ample and more attractive litter bins might help towards this end.

HOUSING INSPECTIONS

Number of houses inspected:

Under the Public Health Act, 1936	16
Under the Housing and Rents Act	Nil
Number of houses inspected after infectious diseases	Nil

Notices Served - Public Health Act

Number of informal notices served	22
Number of informal notices complied with	19
Number of statutory notices served	1
Number of statutory notices complied with	1

Housing repairs and rents Act, 1954 and Housing Act, 1957

1. Unfit houses closed or declared unfit	Nil
2. Houses in which defects were remedied after informal action	Nil

HOUSING ACT, 1949, HOUSING REPAIRS AND RENTS ACT, 1954

Improvement Grants - Discretionary

Number of applications approved	Approved Expenditure
3	£2,396

Approved Grants

£286

Number of payments made	Amount Paid
Final 3	£798
Instalments 1	£200

Total Payments

£998

HOUSING PURCHASE AND HOUSING ACT, 1959

Improvement Grants - Standard

Applications Received	Approved Grants
3	£410

Number of payments made	Total payments
1	£43

RENTS ACT, 1957

(i)	Number of applications for certificates of disrepair	Nil
(ii)	Number of decisions not to issue certificates ..	Nil
(iii)	Number of decisions to issue certificates .. .	Nil
(iv)	Number of certificates of disrepair issued ..	Nil
(v)	Number of applications by landlord for cancellation of certificate	Nil

RATS AND MICE DESTRUCTION

All types of premises were visited and where necessary advice and poison baiting was carried out. All infestations were treated by the Council's Rodent Operator. Sixteen treatments were carried out during the year in private dwellings. The refuse tip at Gilfachrheda, although not now used, is continually kept under observation and baits laid when necessary. All were minor infestations.

THE CARAVAN SITES AND CONTROL OF DEVELOPMENT ACT, 1960

Number licensed caravan sites 5

The five sites, with their maximum number of caravans are :-

1.	Raymond Caravan Park	250 caravans
2.	Traeth Gwyn Caravan Park	116 caravans
3.	Neuadd Caravan Park	85 caravans
4.	Rectory Field Caravan Park	20 caravans
5.	Mindraeth Caravan Park	2 caravans
	Total ..	473 caravans

The caravan sites are fairly well maintained. Two of the sites are self contained in that shops and licensed clubs are available to the caravan-dwellers on the site concerned.

The caravan population at the height of the season is approximately 1,900, but taking into account sites which are within a mile radius of New Quay, approximately another 500 caravan pitches are to be found giving a grand total population of around 4,000. Many of these caravan-dwellers leave their pitches to visit New Quay and cause the public services to be extended to their utmost capacity.

Complaints received were dealt with promptly.

BURIAL AND CREMATION OF THE DEAD

National Assistance Act, 1948 (Section 50)

Number of persons buried by the Authority .. Nil

Municipal Cemetery

Number of persons buried from within the district	10
Number of persons buried from outside the district	4

The cemetery is under the care of Mr. Dan Lewis who supplied the above information.

It is hoped that a number of improvements will be carried out at the Council's cemetery in the near future.

COUNCIL HOUSES

Number of Council Houses in the district	28
Number of Council Old People's Bungalows	6

These are all situated on an estate at "Cylch-y-Llan" and on the whole are excellently maintained.

INSPECTION AND SUPERVISION OF FOOD PREMISES

Number of inspections of meat shops and vans	6
Number of inspections of restaurants and public houses	26
Number of inspections of premises where ice cream is sold	20
Number of inspections of dairies	Nil

MILK SUPPLY

Number of retailers within the district	2
Number of dairies	Nil

Milk Supplies - Brucella Abortus

(i)	Number of samples of raw milk examined ..	Nil
(ii)	Number of positive samples found	Nil
(iii)	Action taken in respect of positive samples	Nil

UNSOUND FOOD

During the year the following unsound foodstuffs were condemned

Tins of Fruit ..	36
Tins of Vegetables	28
Tins of Soup ..	9
Tins of Fish ..	8

SLAUGHTER OF ANIMALS ACT, 1933

Licences issued to slaughtermen .. .. Nil

There are no slaughterhouses in the district.

FOOD POISONING

There was no notified case of food poisioning during the year.

FACTORIES ACT, 1937 and 1948

Inspection during the year

Premises	No. on Register	Number of		
		Inspections	Notices	Prosecutions
(i) Factories in which Section 1, 2, 3, 4 and 6 are to be enforced by the Local Authorities	3	3	-	-
(ii) Factories not included in (1) in which Section 7 is enforced by the Local Authority	4	4	-	-
(iii) Other premises which Section 7 is enforced by the Local Authority	-	-	-	-
TOTAL:	7	7	-	-

OFFICES, SHOPS AND RAILWAY PREMISES ACT, 1963

No new premises were registered during the year, the totals remaining as follows :-

Offices	3
Retail Shops, warehouses	5
Catering establishments open to the public	4
Total ..	12

Total number of inspections during the year	33

LIFE SAVING

During the year the Council purchased a Stephenson Minuteman Resuscitator. The local General Practitioners have continually indicated that they would be pleased to train interested persons to use the apparatus.

In an emergency this can be a valuable item of equipment in trained hands. The point is, of course, that when the equipment is required it is imperative that it is brought into use as quickly as possible; thus the advantage of having as many people as possible trained to use the equipment, can readily be appreciated.

It is hoped that persons will be trained to use the equipment in the near future and members of such organisations as the R.N.L.I., Fire Brigade, Yacht Club should be encouraged to take an interest in the matter.

It is pleasing to note that at least one Local Authority in the area is now considering the purchase of similar equipment, and it is hoped that the idea will be taken up by other local authorities.

CHILDREN'S PLAYGROUND

There remains the need for better recreational facilities for children.

I should like to thank the Members of the Council and the staff for their assistance and co-operation during the year.

GWYN JONES
PUBLIC HEALTH INSPECTOR

Public Health Department,
Pier Buildings,
NEW QUAY, Cards.